



KNOW YOUR ADOLESCENT

AACCI Forum /Center	Pune
Name of Event	Imparting Life Skills to the adolescent Girls.
Venue	Yardi Vikas Group Center, Wadar wadi, Shivaji Nagar, Pune.
Date & Time	16/11/2022 , 2.00 pm to 4.30 pm
Partner Organization	Yardi Vikas
Target Audience	adolescent Girls
Number of Attendees	80
Name of Faculties	Dr. Sampada Tambolkar Dr. Shailaja Mane Dr. Pooja Dekhane And 4 Interns
Short description of Event- if any	Session started with the valuable guidance regarding Nutrition and Diet by Dr. Shailaja Mane. Then Dr. Sampada Tambolkar and Dr. Pooja Dekhane discussed different concepts under Self Awareness such as Self, Self identity, Self concept, Body image, self-esteem, ideal self and Self Awareness. This was taken using different methods. The entire session was interactive. Girls enjoyed the session. They all actively participated in the session. Later the fruitful discussion was done with LSE trainers of Yardi Vikas Group. Their needs were identified and planning of further sessions was done.
Link of Recorded program- only if available	--



